

Public Speaking and Stage Presence: Theater-based Training for Live and Online Conferences

Objective

Learn to become a more confident, authentic speaker, to use body language and voice tone to really connect with people through dynamic face-to-face interactions. Become aware of the fact that if you don't pay careful attention to your body language and tone of your voice, you might convey some meanings that you didn't intend.

Description

How to succeed at both live and video conferencing with engaging emotions, body language and story telling that underlines your message?

How can you connect with your partners using your sense of humour, body language, voice and make your message matter in English?

With this theatre-based training, you will enhance your interaction and presentation skills not only for face-to-face presentations but also for better video conferences. Public speaking is a key skill, whatever your profession or faculty might be, and a path to recognition and success. Stage coaching can help you reach the next level of influence.

Methodology

- Discover body language, mimic behavior and voice tone and use it in a smart, engaging way
- Discover and increase confidence, control and charisma when presenting ideas, options or solutions, when listening to others
- Practice and optimize key messages to attract the audience.
- Day 1: For a live setting
- Day 2: For a live & virtual setting

Conditions

- You need to bring along a concrete topic to work with and improve, as the practical application of tips, tricks, and techniques to **your own presentation** is at the heart of the workshop process.
- Please bring a laptop with you on the second day to also practise the skills you have learnt via video conference.
- In order to ensure a successful process training, it is not possible to attend the workshop if you come later or have to leave earlier.

Trainer



Lenka Wolf Peleteiro, M.A.
theater-based training and coaching

- Facilitator and Coach with a strong sense for life-long learning
- She has extensive work experience in both leadership training for international cooperates and organizations and in education, management, theatre production: Lenka was the owner and principal of two theatre schools for young people during 10 years

Organizational Information

Language / Format	English / On campus
Target group	Doctoral Candidates at all stages and Postdocs (R2/R3) from all faculties
Date	Wednesday-Thursday, 15-16 May 2024, 9:00 – 16:00
Registration	For registration click here